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SAM HOUGHTON/ENTERPRISE

Annie Lawrence, the Waquoit "minister of fun," holding up her younger sister Elizabeth.

Teen Takes On Big Role In Waquoit Day Preparations

By SAM HOUGHTON

"You would think the Mother of the Year was doing all this work," said the Reverend Nell Fields, minister of the Waquoit Congregational Church.

She was speaking of 14-year-old Annie H. Lawrence, a student entering Falmouth High School in September, and of her work to organize the youth games and activities at this year's Waquoit Day Celebration, a day celebrating all things Waquoit.

Annie had put together the activities for last year's event, the first Waquoit Day Celebration, and her poise and ability to follow-through earned her the respect of the event committee to organize the activities again.

"I'm a minister. I see it all, and it's very rare that you see someone with that much passion and drive and organization," Ms. Fields said. "We're seriously thinking about making her a chairperson for the committee."

Annie, or the "minister of fun" as Ms. Fields calls her, could be one of the youngest committee members in town. She admits that the meetings can be a little boring at times, or there's "a lot of doodling time" when the discussion moves to topics that are not on her radar, but overall, she likes getting out of the house and talking with people in the community.

"I really like it because I really like all the people there," she said of the committee. "I find I'm really only shy with kids my own age. I have no problem talking with adults and I enjoy their company a lot. I love kids that are younger too. They give me a different perspective on the world and they are fun to be around."

A longtime family friend, Paul Rifkin, gave an example of Annie's poise around her elders. Annie had worked at the Moonakiss Café in an unofficial capacity when she was 10 and Mr. Rifkin, the owner of the establishment, had been in a scuffle with a patron. But Annie's poise in the situation had stuck with him.

"How is it that you're 10 years old and I'm almost 70 and you

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Atria Woodbriar Nears Completion

Assisted Living Facility Features Movie Theater, Spa And Pub

By CHRISTOPHER KAZARIAN

A little more than a year ago motorists driving down Gifford Street would see a stretch of land adjacent to Atria Woodbriar's assisting living facility that once served as a golf course.

While much of that property still remains untouched, a 126,000-square-foot building covered in Cape Cod shingles accentuated by gray rock dominates the immediate landscape. There, those 62 and older will begin moving in over the next few weeks as the largest 40B project in Falmouth is in the finishing stages of completion.

Inside, new residents will find a facility that not only serves as their home, but as an outlet for socializing, health and wellness, entertainment, dining and most importantly, the ability to live independently with the assistance of roughly 70 new employees hired to help operate what will be known as Woodbriar Place.

The facility is so popular that roughly 30 residents in the existing 99-bedroom Woodbriar Terrace next door have elected to move into the new building that features everything from a 25-seat theater to its own beauty salon with space for manicures, pedicures and a massage to art and computer rooms to common areas on each floor outfitted with modern furniture and decor.

"I asked if I could move in, but they wouldn't let me," Cyndy Larsen, the executive director for Atria, said playfully during a tour last Friday.

The building's size—inside are 125 units, 25 of which are affordable—has left an impression upon passersby. Ms. Larsen, who moved to Falmouth about four months ago from California, is often met with two distinct reactions when she tell them she works for Atria. "They say, 'My kid took swimming lessons there' and 'Oh, you're building that great new place,'" she said. "A lot of people are calling to find out when this is going to be done because they want to see what it looks like. There's been a lot of excitement around it."

The beginnings of the project were in 2007 when Atria purchased the nearby Woodbriar Golf Club for \$4.2 million.

In 2010 Atria awarded the construction contract to J.K. Scanlan

Company of Falmouth, which began work on the project last June and is winding up its punch list items over the next week.

"It is a beautiful building, is well designed and has a nice living environment for the seniors," said John K. Scanlan, owner of the J.K. Scanlan Company. "It has a nice Cape Cod feel to it."

Among amenities that he highlighted was the rear landscape, which includes a stone patio, outdoor seating and a central fire pit that overlooks Jones Pond. On the second level in the rear of the four-story building is additional outdoor seating on a balcony.

"I can't take any credit for the design," Mr. Scanlan said as he

acknowledged the talents that E.G.A. Architects of Newburyport brought to the actual look and feel of the facility.

The building is also one of the few Atria facilities that will be LEED-certified, with solar panels on the roof. Adding to the energy efficiency of Woodbriar Place is the insulation, heating and cooling systems and recycled materials used in the sidewalks, parking lots and landscaping.

Overall, Mr. Scanlan said, the project went smoothly save for the winter, which "created some issues with getting it enclosed. It seems like as we got into the spring and summer we put a lot of extra effort to get the clients in

there."

Last week staff were preparing for the final stage when the building is inhabited. Currently, Ms. Larsen said, 60 percent of the units will be filled, including the majority of the 25 affordable ones.

The cost of the market-rate units are \$4,400 per month with the affordable one units, which are being rented to individuals whose annual income is 50 percent of the median income of Barnstable County, set at \$2,500 per month. Both rates include utilities except for cable and phone.

With that price, Ms. Larsen said,

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DON PARKINSON/ENTERPRISE

The front exterior of the Atria Woodbriar facility on Gifford Street. The project, which began last June, is nearing completion with only a few punch list items remaining and residents set to move in over the next few weeks.

Plan In The Works To Distribute Potassium Iodide Pills In Schools

By SAM HOUGHTON

Action will be taken by Falmouth schools to insure all students are given access to preventative care in the event of an accident at the Pilgrim Nuclear Power Station.

Superintendent of Falmouth Public Schools Bonny L. Gifford and the chairman of the Falmouth School Committee Ju-

dith Fenwick met Monday with the Falmouth Board of Health to discuss necessary action to develop a system to insure student access.

The discussion came as the town's current stock of potassium iodide (KI) pills is past its expiration date. It is anticipated that a fresh batch of 100,000 new tablets will be delivered within this

month.

Ms. Fenwick said the school system had written a policy in 2010 to provide students access, but it had never followed through with the plan.

"This is not only a challenge but an opportunity we have been given to do this the right way now," Ms. Fenwick said. "It's doable. All we have to do is simply adhere to our own policy and put it in place."

She read from the original document to the board.

"The Falmouth public schools district agrees to stockpile KI tablets for the administration to students and employees in the event of a nuclear emergency during school hours," Ms. Fenwick stopped reading and said, "and this is the part that is fiction," before continuing to read, "guidelines are in place to delineate the process for preparation, storage and distribution in the event of an emergency. Efforts will be made to administer the tablets in a timely manner."

A subcommittee, led by the di-

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DON PARKINSON/ENTERPRISE

Ray Zhang, 5, shows off his swimming technique in the annual Falmouth Beach Department swim meet held this past Tuesday evening at the Massachusetts Maritime Academy pool as lifeguard Kelsey Bowen looks on. The event marks the culmination of the town's summer swim classes which were held at every beach in Falmouth, except Woodneck Beach, under the direction of Marla Manning.

Stand-Up Paddleboard Competition May Be Coming To Falmouth

By CHRISTOPHER KAZARIAN

With stand-up paddleboarding (SUP) rising in popularity, Falmouth could become home to an annual event in which paddleboarders race from Martha's Vineyard to the mainland.

The event is the brainchild of West Falmouth's John Benninghof, who is planning to combine a Stand-Up Paddleboard race with a post-competition party featuring live music at the Pier 37 loading dock behind The Boathouse restaurant on Scranton Avenue.

The local musician explained

to selectmen at their meeting on Monday night that the event, scheduled for Saturday, September 7, is still in the preliminary stages and will require a commitment from a beer distributor to attract a national act that will be performing on Martha's Vineyard that same weekend.

Selectmen had a number of questions about the concept with Rebecca Moffitt wondering whether combining the various activities, from the paddleboard to the concert to serving alcohol, could cause confusion. "I hope

it all doesn't get mixed up," she said.

"This is an after-event for a sporting event," Mr. Benninghof replied. "The concept is to have the paddleboarders land at Pier 37 and have a celebration of sorts."

Ms. Moffitt had concerns about the proposed 200 to 300 people estimated to be in attendance, asking whether a police detail would be necessary.

"That is up to the police department," Selectman Kevin E.

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Cape Residents Would Leave Cape In Event Of Nuclear Incident

By SAM HOUGHTON

In the event of a nuclear incident at the Pilgrim Nuclear Power Station, approximately 70 percent of Cape Cod residents would attempt to evacuate the area, according to a phone survey of 500 residents in towns across Cape Cod.

The survey was conducted by KLD Engineering at the request of the Massachusetts Emergency Management Agency (MEMA) and Entergy, the operators of the Pilgrim plant.

"The survey is just one of a number of pieces that will help MEMA put together a matrix or time line that would show long it would take to evacuate the Cape," said George W. Baker Jr., chief of the Mashpee Fire Department and chairman of the Barnstable County Regional Emergency Planning Committee. "If we have to evacuate a neighborhood, we will have calculated data to better move people along," he said.

The survey asked a number of questions, including, "Suppose there were an incident at the Pilgrim Nuclear Power Station and you were informed that people in the Emergency Planning Zone were advised to evacuate, would you evacuate?", to which 70 percent responded yes and 30 percent responded that they would seek shelter.

Cape Cod is not within the 10-mile emergency-planning zone, hence the next question: "If you were told that Cape Cod is not in the Emergency Planning Zone for

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Weather Forecast

This afternoon it will be sunny. The high will be around 68; the low will be around 57. Tomorrow, the sunshine will continue. The high will be around 74 and the low will be around 62. Extended forecast for Sunday is mostly sunny. High will be around 75, with the low around 62.

Air 68; Sea Water 72

The water level at Long Pond is 9.84 inches above sea level.

Forecast and water temperature are from the National Oceanic and Atmospheric Administration (NOAA) websites.



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The primary dining room at Woodbriar Place as seen from the second floor entrance off Gifford Street. Residents are provided three meals a day and while they can order food to their rooms are discouraged from doing so, said Cyndy Larsen, the executive director for Atria, because of the importance of socialization during breakfast, lunch and dinner.



The bedroom in a model one-bedroom unit. Atria Woodbriar has filled roughly 60 percent of its 125 units including the majority of its affordable ones. It is anticipated that residents will start moving in over the next few weeks.

Atria Woodbriar Nears Completion

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Residents are provided with local transportation, three meals a day as well as weekly housekeeping. Additionally, she said, residents benefit from healthcare staff that assist residents with the taking of medication and, thanks to emergency pull cords, are assured that medical help is always nearby.

The medical staff, currently two certified nursing assistants, will be overseen by Jessica Edwards, the resident services director who most recently served in a similar capacity at Centerville's Brookside at Regency.

Upon moving in, she said, she will meet with each resident to understand their needs and then reassess them after 30 days.

She was eager to begin getting to know them, which she considers a rewarding aspect of her job. "Obviously I love the facility and with 125 units I'm going to get to interact with a ton of residents," she said. "I like having that relationship and getting to know them."

As to why assisted living makes sense for those over the age of 62, there are several reasons that Ms. Larsen listed. "Sometimes it is because of the snow and they don't want to shovel the driveway," she said.

"For some people it may help

them remain independent," she added.

And others may have lost a spouse and may be isolated and could benefit from socialization.

At Woodbriar the opportunities to socialize are nearly endless, something that staff strongly encourages residents to take advantage of, Ms. Larsen said. "When I first got into long term care I had no idea what I was getting into. I didn't understand the process," she said. "I remember helping people move into a facility in California and three months later they

physically and mentally woke back up because they were getting dinner together in dining room with other residents. Socialization is an important piece to it."

Dining opportunities include a cafe at the entrance to the facility on the first floor and the Jones View Restaurant on the bottom floor, adjacent to which is a fully-stocked pub featuring two flat-screen televisions for residents to grab a drink before or after dinner.

Kevin M. Dell'Arciprete, the former owner of the Firefly Wood

Fire Grill & Bar on Main Street, has been tapped by Atria to oversee its food offerings as its director of culinary services.

Last week he expressed excitement at the opportunity to work at the facility, which features multiple levels of dining, from casual to bar food to the more upscale. And he said he has been given the freedom by Atria to provide his own creative touch to the dishes that will be served.

Overall, he was impressed with what the Kentucky-based company has built here in Falmouth.

"Now that it is finished people have been able to get inside and see it," he said. "It is just a wow factor."

And it will ultimately benefit Falmouth economically, he said, noting that "I am adding about 30 jobs in our little department. This is a big plus for our community."

Along with the preparation and serving of meals, his staff will be able to share their skills with Atria's residents as part of cooking classes that will be offered to them.

His staff includes Michelle D.

Santos, the restaurant manager who has worked next door at Woodbriar Terrace for the past 12 years.

She admitted that when there was talk about the new facility, there were those on the staff who were skeptical it would even be built. "For the past four years we would all look out the window and wonder if this would ever happen," she said.

Now that it is, she could not be happier, echoing the sentiments of those she works with. "It's beautiful," she said. "I love it."



Among the amenities in Woodbriar Place is a small movie theater for residents to enjoy. Dotting the walls leading to and inside the theater are framed vintage movie posters that include the films "Casablanca", "The Sound of Music" and "To Catch a Thief."



Atria's residents will even have their own pub with a separate pub menu. The more casual pub, adjacent to the facility's main restaurant, boasts two flat screen televisions.



The living room and kitchen of a model one-bedroom unit. The facility contains a mixture of studio, one-bedroom and two-bedroom units, each of which comes equipped with a refrigerator and a microwave.



The courtyard behind the Atria Woodbriar facility has a large gas firepit as well as an outdoor cooking station and outdoor seating on both the first and second floors. This section of the building provides views of Jones Pond. The public has access to nearby walking trails as Atria donated 14.75 acres of its adjacent property to The 300 Committee for residents to enjoy. The open-space parcel includes handicapped-accessible trails, benches and access to both Jones Pond and Sols Pond.

Cape Residents Would Leave Cape

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the Pilgrim Nuclear Power Station, would you still evacuate?" Fifty percent of the 500 responded they would.

The survey comes on the heels of a meeting in October of last year between MEMA officials and the Barnstable County Regional Emergency Planning Committee to discuss an emergency response plan. It was revealed at that meeting that there is no plan but that one is needed.

The survey is a step toward formulating one.

Janet D. Azarovitz of Falmouth, who is involved with the group Cape Downwinders, said that the survey was an appeasement. It is a way for Pilgrim to acknowledge the people of Cape Cod but it really is just the first step in what could take years of planning, she said.

In the event of a disaster at Pilgrim, "the survey shows that you won't be able to get over the bridge," she said. "Everyone knows what it's like on a typical day in the summer. Expecting people to behave themselves and to stay in place during an evacuation is ludicrous," Ms. Azarovitz said.

She also stated that the survey did not take into account summer visitors, who nearly double the population of the Cape.

Approximately 45 percent of survey responders indicated they would be interested in receiving emergency planning information. The conclusions written by the surveyors suggest that more outreach on the Cape could educate residents and "potentially reduce the number of unnecessary evacuees."

In the aftermath of an incident, with no other plan in place, MEMA would have Cape residents remain where they are. Ms. Azarovitz said that both bridges might even be closed so as not to

create a bottleneck on the other side of the canal and prevent residents within the 10-mile emergency zone from evacuating.

Towns within the 10 miles are at the top of the priority list, according to MEMA officials. They estimated that towns within the 10 miles would take six hours to evacuate. If Cape evacuees were added to the congestion it could be a potential problem.

Chief Baker said that evacuating is not necessarily the best idea for Cape residents.

If Cape residents were to evacuate, he said they could be heading into harm's way. Chief Baker

used a Sandwich resident as an example; if they were to head toward the bridge and then become stuck in traffic in Sagamore, they would be closer to the power plant and more vulnerable to radiation.

He also said that if people reacted prematurely to a minor incident at the plant, it could lead to road rage and traffic for an incident that did not even require evacuation.

The survey also indicated that, if asked to evacuate due to a weather-related incident, approximately 59 percent of Cape residents would do so. That was the first question in the phone interview.

Share your thoughts on this story at www.capenews.net

Stand-Up Paddleboard

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Murphy said. Mr. Murphy said he was willing to give the idea a chance, but only if Mr. Beninghof agreed to several conditions.

He asked Mr. Beninghof to reduce the hours that liquor could be sold from six hours to five. Mr. Beninghof was amenable to this request, suggesting that the one-day liquor license for wine and malt beverages be good for the hours of 4 to 9 PM.

Mr. Murphy also suggested that the board condition their approval of the license on Mr. Beninghof submitting a plan on where the event would take place, where liquor would be served and how the serving of alcohol would be controlled.

In addition, he asked that the license be subject to the Coast Guard's approval of the SUP competition and Mr. Beninghof would be responsible for a police detail as well as a boat detail from the Falmouth Department of Marine

and Environmental Services. Selectmen unanimously agreed to those conditions in approving the event.

Meetings

- Agricultural Commission—Tuesday, 5:30 PM, town hall**
- Planning Board—Tuesday, 7 PM, town hall**
- Beach Committee—Wednesday, 7 PM, harbor master's office**
- Conservation Commission—Wednesday, 7 PM, town hall**
- Historical Commission—Wednesday, 7 PM, town hall**
- Council on Aging—Thursday, noon, senior center**
- Substance Abuse Commission—Thursday, 5 PM, Gus Cauty Center**
- Zoning Board—Thursday, 6:30 PM, town hall**
- Community Preservation Committee—Thursday, 7 PM, School Administration Building**
- Disabled American Veterans—Thursday, 7 PM, town hall**